

3rd Annual

Kendall Trail

5K Run - 3K Walk

Along The Wild & Scenic Upper Yough



5K Run Cash Prizes

Overall

1st \$100

2nd \$50

3rd \$25

Top Female \$100

Top Youth 18 & under \$100

Top Highschool -fastest 3 \$100.00

Lots of Awesome Prizes

for Walkers!!!

Start Times: 8:00am Registration

9:00am Runners Start

9:15am Walkers Start

Entry Fee: \$20.00 First 50 Entrants

Get a FREE T-Shirt!

Register by Mail or In Person

Friendsville Town Hall

P.O. Box 9 (mailing address)

313 Chestnut Street, Friendsville, MD 21531

Tuesdays and Thursdays from 9:00am-2pm

For More Information on the Kendall Trail Race: www.visitfriendsville.org

On Facebook at Deep Creek Lake Area Outdoor Adventure - Timing by Queen City Striders

ENTRY FORM: \$20 per entrant.

Use separate form for each entry. Copies not acceptable

PLEASE PRINT CLEARLY

Circle One

Male or Female

NAME: _____

Age _____

T-Shirt Size (circle one) M L XL XXL Please Circle One: 5K Run or 3K Walk

Address: _____

State: _____ Zip: _____ Phone: _____ Zip: _____

With the completion of this entry, I release, for myself, my heirs, executors and administrators, The Town of Friendsville and The Queen City Striders and all parties involved in the planning or staging of the Kendall River Trail Race, including officials and volunteers from, and hereby waive, any and all claims, demands, liabilities, damages, or cause of action in any manner, including illness, injury or death arising from my participation in the race. I attest and verify that I am physically fit and trained for the event. Furthermore, I hereby grant to any event staff to use my photograph or other recordings of the event for any legitimate purpose. The entry is invalid unless signed by participant. Participants under 18 years must have a parent or guardian sign. The official race director reserves the right to reject any entry.

Signature _____ Parent or Guardian: _____

Make Checks Payable To: Town of Friendsville

Additional Information: Jogger Strollers will be allowed on the Walk only. Dogs, bikes and headphones not allowed.

Refreshments for participants will be served after the race at the Rescue Squad.